

Important Information for Cataract Surgery Patients



VOLTAREN®



VIGAMOX®



Maxidex®

STARTING THREE (3) DAYS BEFORE SURGERY	4 4 times per day	4 4 times per day	0 Do not use before surgery
WEEK 1 AFTER SURGERY	0 STOP	4 4 times per day	4 4 times per day
WEEK 2 AFTER SURGERY	0 STOP	0 STOP	3 3 times per day
WEEK 3 AFTER SURGERY	0 STOP	0 STOP	2 2 times per day
WEEK 4 AFTER SURGERY	0 STOP	0 STOP	1 Once per day

NOTES:

When using two or more eye medications, always **wait at least five (5) minutes** after using the first medication before using the next one. You may use the drops in any order.

Start using your drops three (3) days prior to your surgery. Use your drops on the morning of surgery as well.

DR. FOUAD TAYFOUR, MD, FRCSC
Ophthalmic Surgeon (Retina & Vitreous)
 South Walkerville Medical Centre
 2224 Walker Road, Suite 198
 Windsor, ON N8W 3P6
 Tel: (519) 255-7922

AFTER CATARACT SURGERY

DO NOT RUB YOUR EYE

You should wear an eye shield at night only, for 2 weeks.
Use medical tape to secure it. Do not use a gauze pad underneath.

It is okay to bend down after surgery.

You may shower after 2 days.

You may resume normal activities, such as golf, in 2 days.

Wear dark glasses when outside or in bright lights, as needed.

You may read or watch TV. This will not hurt your eyes.

You should avoid swimming for 6 weeks.

DO NOT RUB YOUR EYE

Within the first week, if your vision worsens or if you have increasing pain, redness or discharge from your eye, call and come right into the office immediately. After hours, go to Hôtel-Dieu Grace Hospital Emergency Room.

If the drops run out before 4 weeks, there are renewals on the prescription.

You will probably see floaters (spots). Your vision will improve within 1 week. Occasionally, it can take from 4 – 6 weeks.

Some irritation is common. It may feel like sand in your eye.

This usually settles in a few weeks.